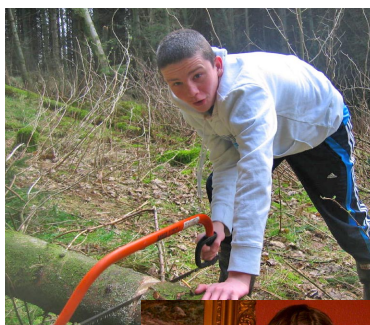




wiston lodge

a place to grow



Wiston Lodge is a beautiful, informal **residential centre** catering for many different groups, with an emphasis on working with **young people** and **vulnerable adults** to encourage their personal, social and emotional **development**.

what can we offer you?

Young People and Adults at-risk

At Wiston Lodge we encourage groups and each member of the group to develop personally, socially and emotionally, through a planned and graduated programme. This can happen during a residential or within the structure of a day visit. Programmes are designed and focused on the needs of each group and are particularly relevant for those who are not in employment, training or further education.



Our Instructors guide groups as they undertake a journey discovering the six **Core Skills** of an empowered person. These are the basic qualities needed for success in learning, working and social relationships. To become successful everyone needs to be **reliable, adaptable** and **trainable** and to have the ability to **communicate, solve problems** and **work together with others as part of a team**.

This journey can be undertaken by any one or a combination of three routes, each using experiential learning to assist with the assimilation of these core skills safely.

- **Outdoor Adventure Activities** – using teambuilding and problem solving challenges, high ropes, climbing wall, adventure woodland and canoeing to deliver lasting personal, social & emotional development, usually over five days. Shorter courses will be more concentrated.

- **Nature Connection** – working outdoors has the power to transform people's lives, as they learn new skills in the midst of our beautiful 52-acre estate. Using bushcraft, conservation projects and gardening, we foster an appreciation of the great outdoors and a recognition of our effect on the natural world.

- **Music, Drama and Arts** – allow for a mixture of personal and group development, team building and use of imagination and expanded consciousness as participants work together to learn a piece of music, write and perform a play, tell stories or create a piece of art.

“Wiston Lodge is a home from home where you are challenged by choice and can chill out at the end of the day. A wonderful place to stay; we wouldn't use anywhere else” **Prince's Trust Team Leader**

Adult Programmes

Guests can enjoy the Lodge with its full board facilities, homemade and wholesome food and access to the whole 52 acre estate. You can rest assured that we will help you to achieve the correct setting for your event, workshop or training whether it be in music, arts, spiritual development or work related training. And if you wish, we can offer fully qualified instructors and activities to reinforce your learning or give you a time of recreation.



"Great as always and a huge thanks to our instructor who went above and beyond the call of duty to make the trip packed full of activities for the kids" **Teacher, Gorgie Mills School, Edinburgh**

Training Venue

You will experience the unique flavour of Wiston Lodge as an 'away from it all' training venue within the tranquil setting of the estate and with activities and instructors on hand to help you achieve the aims and expectations of your training.

Functions and Conferences

Wiston Lodge offers a simple and informal setting for weddings, birthday parties and celebrations, and even memorials and life celebrations within the main building and outside on spacious lawns and grounds. We take the headache out of catering for major functions, but at the same time allow you to add your personal decorative touches.



"Absolutely brilliant, amazing staff, great!!! food and really fun activities, somewhere I'll never forget" **Course participant**

about us

Wiston Lodge is a beautiful Victorian hunting lodge in rural Clydesdale. You will find us on the southern slopes of Tinto Hill, 6 miles from Biggar, 36 miles from Edinburgh and 40 miles from Glasgow.

On arrival, log fires and friendly staff will greet you.

Accommodation

The **main house** has a variety of public rooms suitable for large and small meetings and workshops, including music practice, drama, yoga or meditation. The dining room can seat up to 70. Sleeping accommodation is for 47 in nine rooms, in a mixture of double, family and dormitory rooms, including one on the ground floor with disabled access and facilities.



Three purpose-built, warm, comfortable **cabins**, complete with shower and toilet, can sleep up to 18, with a fourth communal cabin for refreshments and small meetings.

Our **Campsite** is on a tree-lined field, with toilet facilities, campfire and barbecue.

Food

We take great pride in providing homemade food that delights all our guests, using locally-sourced and organic ingredients where possible, including vegetables and herbs from our own garden. We cater for all dietary requirements, from Halal to coeliacs.

"I wish I could go back in time and do it all over again"
Course participant



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